

On-demand, skills-based training for family members caring for aging loved ones

40%

Of families refuse or delay a discharge because they feel unprepared or unable to cope.

64%

Of clinicians are contacted post-discharge because family caregivers require additional information.

30

Minutes or less spent educating family caregivers due to time and resource constraints.

Research-based & outcome-oriented family caregiver solutions:

1

Reduce Caregiver Burnout

Enable families to build skills and increase caregiver confidence, leading to higher self-efficacy and reduced burnout.

2

Extend Aging-in-Place

Help families keep loved ones at home longer by equipping them with the skills required to manage care.

3

Improve Satisfaction & Retention

Supporting caregivers with valuable, actionable educational resources increases satisfaction scores and deepens connections between your organization and families.

4

Improve Access to Community Resources

Increase awareness and access to community-based resources including support groups, transportation options and nutrition programs.

5

Expand your Team's Toolkit to Help Families

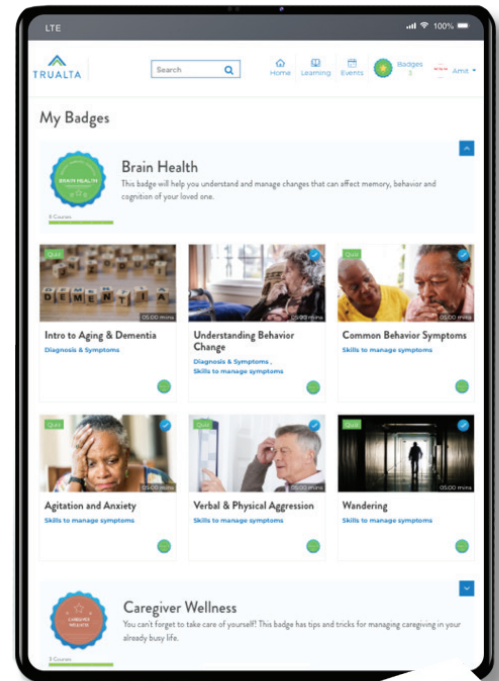
Help your team prepare and support families with a self-serve, on-demand program with a quick onboarding process and minimal staff time.

Customized for your Organization

Each Tualta partner has a custom, co-branded learning portal for their staff and caregivers. Organizations can easily manage the day-to-day usage of the program, for example:

- Invite caregivers to the portal at point-of-care or during a home visit
- Upload local content from your organization or other community groups
- Recommend specific modules to each family based on the care situation
- Analyze engagement and download reports on each caregiver's progress
- Push email notifications about new content, events or other announcements

Organizations also have unique needs when it comes to identifying and onboarding caregivers for the program. The program can be offered to caregivers at the bedside, in the waiting room, during a home visit, or over the phone.



Evidence Base & Clinic Evaluation

A funded, clinical evaluation of Tualta's intervention is underway at the University of Florida. We are following 100 family caregivers of loved ones with cognitive decline or dementia. Our study will assess the impact of our program on caregiver wellness (e.g., stress, self-efficacy and confidence), care recipient outcomes (e.g., ED utilization, readmission, length of time aging-in-place), and key organizational metrics (e.g., HCAHPS, NPS, STAR ratings). Through this research, we are proving that a confident, competent family caregiver can improve outcomes and reduce costs of care.



Ralph's Story

Ralph is the only caregiver for his wife with Alzheimer's. He is 80 years old, and previously only used the internet to check the weather and email. He was introduced to Tualta by his case manager during a home visit.

In Ralph's first 30 days, he logged on 10+ times, and earned all of Tualta's badges. He completed expert-level modules, answering 75+ quiz questions.

On-demand training is especially great for Ralph because his wife becomes agitated if anyone, including his case manager, visits their home. Ralph and his case manager discussed Tualta over the phone.

Our intervention helped Ralph face the challenges of caregiving by providing helpful training that fit well for his care situation.



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